

















Lunch Menu Week 1

NORTH EATS.

So much more than school food



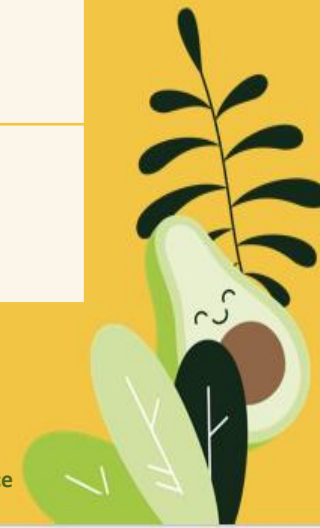
Spring/Summer 2023 Week Commencing: 17/04, 08/05, 05/06, 26/06, 17/07, 04/09, 25/09, 16/10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages with Creamed Potato and Gravy	Minced Beef and Vegetables with Creamed Potato	Roast Turkey and Yorkshire Pudding with New Potatoes and Gravy 	Chicken Korma with Wholegrain Rice 	Breaded Fish Fingers with Chipped Potatoes
Macaroni Cheese 	Homemade Cheese and Tomato Pizza with Oven Baked Jacket Wedges  	Vegetable Pastry Roll with New Potatoes and Gravy 	Chinese Vegetarian Rice 	Vegetarian Dippers with Chipped Potatoes 
Freshly Prepared Salad Served Daily 				
Green Beans Carrots 	Sweetcorn Baked Beans 	Carrots Cabbage 	Peas Sweetcorn 	Baked Beans Peas 
Orange Drizzle Cake with Custard	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly and Fruit 	Flapjack with Fruit 	Chocolate Ice Cream

Available Daily

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT AND FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's choice
























Lunch Menu Week 2

NORTH EATS.

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Spring/Summer 2023 Week Commencing: 24/04, 15/05, 12/06, 03/07, 11/09, 02/10, 23/10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetarian Meatball's in Tomato Sauce with Wholemeal Pasta  	Chinese Chicken and Vegetable Rice 	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with Garlic and Herb Bread  	Breaded Fish Fingers with Chipped Potatoes
Cauliflower Macaroni Cheese with Crusty Bread  	Pizza Wheel with Potato Wedges  	Tomato Pasta with Garlic and Herb Bread  	Sweet Chilli Vegetable Noodles 	Vegetarian Sausage in a Bun with Chipped Potatoes 
Freshly Prepared Salad Served Daily 				
Peas Carrots 	Baked Beans Sweetcorn 	Cabbage Carrots 	Sweetcorn Green Beans 	Baked Beans Peas 
Oat Chocolate Cookie with Fruit 	Vanilla Cake with Custard	Chocolate and Banana Marble Cake with Custard	Flapjack with Fruit 	Chocolate and Orange Muffin

Available Daily

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT AND FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's choice



Lunch Menu Week 3

Spring/Summer 2023 Week Commencing: 01/05, 22/05, 19/06, 10/07, 18/09, 09/10

NORTH EATS.

So much more than school food



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetarian Bolognese with Wholemeal Pasta 	Cottage Pie 	Roast Pork in a Bun with Gravy and Oven Baked Potato Wedges	Butter Chicken Curry with Wholegrain Rice 	Southern Fried Chicken with Chipped Potatoes
Cheese and Tomato Pizza with Oven Baked Potato Wedges 	Mexican Vegetarian Tortilla Pie with Wholegrain Rice 	Cheesy Ploughman's Picnic Plate with Oven Baked Potato Wedges 	Tomato Pasta Bake with Garlic Dough Balls 	Tomato Veggie Burger with Chipped Potatoes
Freshly Prepared Salad Served Daily				
Carrot Sticks Baked Beans 	Cabbage Peas 	Coleslaw Carrots 	Sweetcorn Green Beans 	Peas Baked Beans
Feathered Jam Sponge with Custard	Flapjack with Fruit 	Pineapple Upside Down Cake with Custard	Chocolate Brownie with Fruit 	Frozen Mango Yoghurt

Available Daily

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT AND FRESH FRUIT

Vegetarian
 Oily fish
 Wholegrain
 Fruity!
 Nutritionist's choice

